

**GROWING UP FEMININE WITH A PASSION FOR PURITY:  
ANNUAL MOTHER/DAUGHTER PROGRAM**

**Moms and Daughters!!** You are invited to join other moms and daughters at the **2010 annual Catholic Mother-Daughter Programs** about growing up. These exciting, enthusiastically-received programs provide a springboard for moms and daughters to talk about God's plan for authentic love and living a holy life. Some of the topics covered are: an overview of female bodily changes occurring during puberty; information on hygiene/diet/exercise; modesty; peer pressure; the good/bad of our networked culture; dating (for the older girls); help in understanding what true love is; the story of St. Maria Goretti's heroic example of total self-giving love at the age of 11.

Kathleen Fleming, Madeleine Paolucci, and Celeste Thomas are the presenters.

**Two programs are offered:**

**Ages 9 – 12: Sunday, February 14th** from **1:00 - 4:00 p.m.**

**Ages 13 – 16: Sunday, February 28th** from **1:00 - 4:00 p.m.**

There is a \$20.00 charge per family, which includes the program, delicious refreshments and great "freebies" including prayer cards, blessed medals, and some applicable literature. **Both programs will be held in Bonfils Hall at the John Paul II Center, 1300 South Steele Street, Denver.**

Reservations are easy--just call: **Celeste Thomas** at **303-758-6374** and leave a message with your name, phone number and number of attendees; payment is made at the time of the program.

Since 1988 hundreds of moms and their daughters have shared this special afternoon together - many moms have commented how refreshing and affirming it was to have people outside the family support the messages their daughters heard at home but rarely anywhere else; many girls have remarked that initially they did not want to attend but, once they saw all the other girls their age with their moms too, and then listened to the message presented with humor and enthusiasm, they were really glad that their moms had "made" them come!

Please join us for a wonderful afternoon of discovering the real beauty of being a female-bodied Image of God!